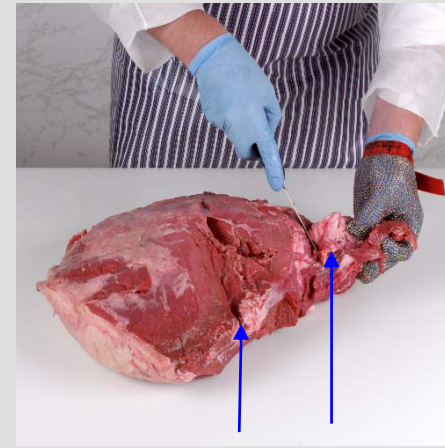
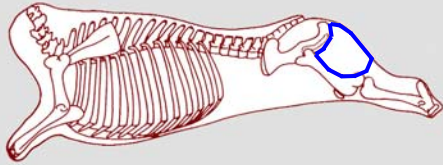


Topside Joints (traditional)

Topside B004



1. Position of the topside.

2. Remove all discoloured tissue, gristle and excess fat from external side of the topside.

3. From the internal side remove the loose hanging muscle...

4. blood veins, gristle and discoloured tissue.



5. Cut the topside into three equal pieces.

6. Add fat to lean parts on top of the joint and tie at regular intervals. Fat thickness not to exceed 10mm.

7. Vacuum pack.

