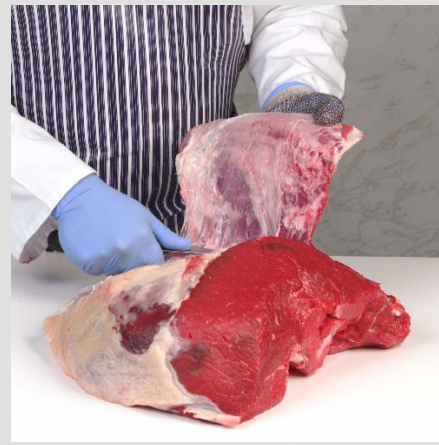
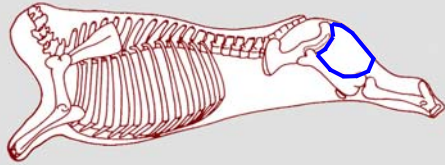


Daubes (Topside)

Topside B007

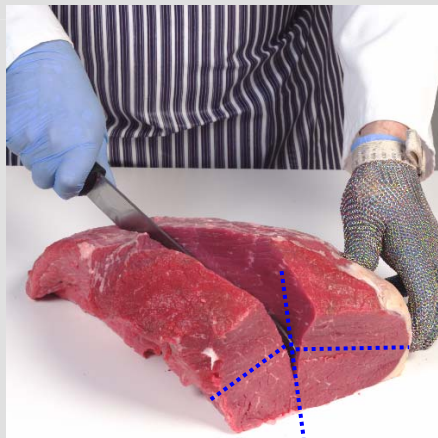


1. Position of the topside.

2. Remove the loosely attached muscle (gracilis) by cutting along the natural seam.

3. Boneless trimmed topside ready for further preparation.

4. Separate the topside into the two main muscles by cutting along the natural seam between them.



5. Take the largest muscle and cut into smaller pieces as illustrated.

6. Cut into smaller pieces by cutting along the grain.

7. Cut the muscles into 50mm cubes, place a band in both directions and display for sale as "Daubes".

