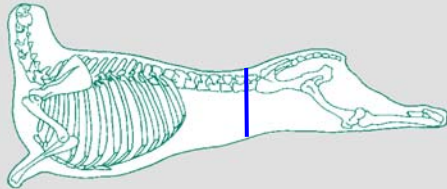


Lamb - Pave

Leg L012



1. Position of leg and chump.

2. Leg and chump removed from the carcass.

3. Remove the knuckle by cutting through the knee joint.

4. Carefully remove the aitch and tail bones.



5. Start cutting along the seam between the topside and the remainder of the leg.

6. Continue cutting along this seam until the topside muscle is released.

7. Remove gristle and connective tissue. Maximum fat thickness 5mm.

8. The trimmed and prepared topside muscle.



Lamb - Pave - continued

Leg L012



9. Cut the topside muscle into three equal-sized portions.



10. This produces three lamb paves.



11. A single lamb pave trimmed and ready for use.

