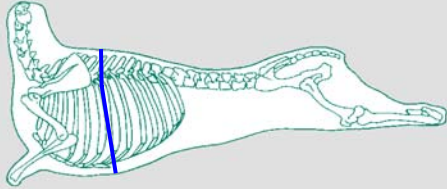


Rack - shoulder six-ribs

Forequarter L01 I



1. The forequarter is to be removed from the carcass between the 6th and 7th ribs.



2. Forequarter.



3. Sheet bone the ribs and backbone, taking care not to cut into the underlying muscles.



4. Leave the neck fillet attached to the bone.



5. Saw rib bones 60mm from backbone.



6. Remove the neck bones.



7. Prepared shoulder rack.

